

[Your Adventure Starts Here!](#) > [Activities](#) > [Water Activities](#) > [Canyoning](#) > [Canyoning Interlaken](#)



Quick Facts

- 🕒 3 hours round trip
- 🕒 1 - 1.5 hours in the canyon
- 📍 10 minutes from Interlaken
- 👥 Fun and easy
- 🍹 Free drink after the trip
- 👤 Minimum age 12

CANYONING INTERLAKEN

From 135 CHF

Our local canyon covers every aspect of the sport and makes a great introduction to canyoning. Travel through tall, narrow gorges and get up close and personal with nature. Short and sweet, this half day canyon will whet your appetite for more and it is only a ten minute drive from our base.

Trip Details

Prices

Single Seat CHF 149 per person

Groups 10+ CHF 135 per person

Private Group CHF 1600 per group (maximum 12 seats)

What's included

- All necessary canyoning equipment
- Professional guides
- A free drink after the trip
- Pick up/drop off service from designated locations
- Changing rooms and hot showers

What to bring

- Swimsuit
- Towel
- Small day bag
- Money for videos and souvenirs

Dates and Times

April 15th – October 31st

Please check the [calendar](#) for the current departure times

Weather

Our canyoning tours can be affected by weather conditions and water levels, however it is difficult to predict exactly how a trip will be impacted until the day of the activity. We monitor conditions carefully to stay within our safety limits, and bad weather doesn't necessarily mean we have to cancel.

Please make sure we have good contact information for you so we can reach out if your trip is changed or cancelled due to poor conditions. If you have not heard from us, it means we are still planning to run your trip as scheduled, or we have not yet made a final decision based on the forecast.

If we are not able to run your trip, we will try to accommodate you on another date, another activity, or we will issue you a full refund.

For detailed advice on how to prepare for (and enjoy!) bad weather days in Interlaken, check out our → [weather blog](#)

Video Options

Capture your outdoor memories with a customized and professionally edited video (9:16). This 60-90 second cut will highlight the biggest moments of your tour. Our professional video guides film each guest during the trip, perfectly capturing the experience from unique angles. After the trip the video footage is individually edited into a customised package.

Video for one person CHF 39

Video for 2 persons CHF 69

Video for 3 persons CHF 89

Video for 4 persons CHF 109

Late Orders

We archive our video footage from the current season so you can still decide to place an order after you leave Interlaken.

Requirements

- Maximum weight 125kg (275lbs.)
- Minimum age 12
- Swimming ability is recommended but not required
- ~~Good~~ health is required to participate. Please read our [Terms and Conditions](#)

Insider tips

- This is the perfect intro to canyoning but also fun for all participants
- The canyon is only a 10-minute drive from our base in Interlaken
- The trip starts with a 10m (32ft) rappel
- The highest jump is 5m (16ft) but an easy alternative is possible
- Almost every element can be negotiated by taking an easier option
- Basic swimming skills are an advantage but not required

Cancellations

Cancellation requests must be made at least 48 hours before trip time to be eligible for a refund. For more details regarding our cancellation policy, please see our full → [Terms and Conditions](#)

Itinerary

1. Be ready for pick up 15 minutes before your trip time or
2. Meet your guide at the base in Interlaken 5 minutes before trip time
3. First briefing
4. Prepare canyoning equipment
5. Drive to the start of the canyon (10 Minutes)
6. Recieve instructions, comprehensive safety talk
7. Canyoning – approx. 1 - 1.5hrs in the canyon
8. Drive back to the base
9. Enjoy a free drink
10. Order your video

Meeting Points

During the booking process you will be asked to select your meeting point. Please check the map below before you make your booking. If you are unsure, select OUTDOOR - Interlaken Base and contact us before your trip if you would like to change it.

Reference: <https://outdoor.ch/en/outdoor-activities/canyoning-interlaken/>